



# Indian Cartilage Society

## **ICS SKRF BIOS International Cartilage Fellowship**

**(Kent, Oswestry, Leicester; UK)**

### **The Rules**

1. Fellow should not take fellowship rules lightly.
2. Fellowship cannot be allowed if any of the guideline of the fellowship is broken.
3. The duration of the fellowship is for 3 weeks.
4. Fellow must stick to the dates announced and NO CHANGE will be allowed in it.
5. The selected fellow must attend next ICS congress and present his fellowship report.
6. The BIOS will provide a travel bursary of £1,500/- to meet the travel expenses, visa expenses, local accommodation and food.
7. The selected fellow must buy the overseas travel insurance for himself of sufficient amount. ICS shall not be responsible or supportive in case of any medical emergency.
8. Procuring a visa shall be responsibility of the fellow, himself. ICS-IBOS may issue an invitation letter to support the visa application. In case, the fellow fails to procure the visa 30 days in advance to travel dates, a standby runner up shall be intimated to be ready.
9. Local transport, taxi fare, bus fare, ferry fare, tram fare, food expenses etc shall be borne by ICS fellow himself.
10. The selected fellow must furnish the written affidavit to the ICS executive committee that he shall return back to India immediately on completion of his fellowship and will follow the fellowship rules.
11. A fellow once availed any of the fellowship program cannot contest for any fellowship for next five years. However, a domestic ICS fellow can apply and go for international fellowship program.
12. This is a short-term fellowship aimed towards gaining knowledge at international platform from the stalwarts. The fellow must return back to India on completion of the congress. The selected fellow cannot combine other fellowship, other congress or personal program with this fellowship, either before or after the fellowship.

13. As the travel fellow is a goodwill ambassador of India and he is supposed to learn and present at international level; he should not be accompanied by his/ her spouse. This fellowship is for learning and not for travel.
14. The selected candidate has to submit a security deposit of Rs.10000/- to ICS within one week of selection. If the fellow fail to report to hosts or doesn't complete the fellowship, then the security deposit will be forfeit and he will be debarred for 2 years for any ICS fellowship program.
15. The applicant must submit following documents to [cartilage@knee.in](mailto:cartilage@knee.in) before the deadline. This fellowship is also covering the basic research in the cartilage science and hence, basic researchers are also encouraged to apply.
  1. ICS membership number
  2. A detailed CV with following heads
    1. Personal information
    2. Education
    3. Research Papers
      1. Cartilage related
      2. General Orthopedic related/ Basic research related
    4. Faculty presentations
      1. Cartilage related
      2. General Orthopedic related/ Basic research related
    5. Publications in books and journals
      1. Cartilage related
      2. General Orthopedic related/ Basic research related
    6. Organizational skills/ leadership values
      1. Cartilage related
      2. General Orthopedic related/ Basic research related
    7. Awards and honors
  3. An essay in 1000 characters (including spaces) to justify, why you qualify for this fellowship.
  4. A written application to the fellowship secretary confirming that you will abide by the rules.
16. Any CV which is not arranged as per above criteria will be straightway rejected so kindly format your CV in above format only.

## **Program 2019**

1. Arrival in UK 9<sup>th</sup> June- Fellow reaches accommodation and informs Mr Shetty regarding arrival and next day programme.

2. 10<sup>th</sup> June until 18<sup>th</sup> June at Medway - 4 days theatre at Spire Alexandra (Observe cartilage repair surgical technique, 3 days in the lab observing cell culture and 3 D printing techniques), 1 day with my Radiologist observing Cartilage MRI imaging and CT tracking scans.

3. Travel to Oswestry on 19<sup>th</sup>- Spend 20<sup>th</sup> to 26<sup>th</sup> with Mr Niesh Makwana (Observing cartilage repair surgery of ankle and Osteotomy )

4. 27<sup>th</sup> June travel to Leicester and 28<sup>th</sup> June attend BIOSCON 2019

5. 30<sup>th</sup> June Fly back to India