

Day 1: First Asian Cadaver Course on Cartilage Repair		
Sri Ramachandra Medical College, 8th November' 2013		
09.00 to 10.00	Surgical Techniques- Pre-Workshop Talks	All Faculties
Session 1	Diagnostic Arthroscopy, Cartilage Lesion Assessment, Meniscus Tear Assessment, Cartilage Biopsy and Marrow Stimulation Techniques	All Faculties
Session 2	Meniscus Repair; All Inside and Outside-in Techniques	All Faculties
13.00 to 14.00	Lunch	
Session 3	Osteochondral Cylinder Transfer Techniques	All Faculties
Session 4	Open Joint Session; Cartilage Lesion Preparation, Implantation of One Stage Cartilage Implants, Implantation of Two Stage Cartilage Implants	All Faculties
Main Congress 9-10th November' 2013		
Day 2: Fisherman's Cover, 9th November' 2013		
Session 1: Basic Science		
09.00 to 09.15	What Happens After Cartilage Injury and Subsequent Degeneration	Mats Brittberg
09.15 to 09.30	Role of Subchondral Bone in Healthy, Injured & Repaired Cartilage	Henning Madry
09.30 to 09.40	Q and A session	
09.40 to 10.00	Inauguration Ceremony	
Session 2: Clinical Assessment, Imaging & Decision Making		
10.00 to 10.10	Clinical Spectrum of Cartilage Injury	Nishith Shah
10.10 to 10.20	Imaging Options for Assessment of Cartilage Injury (including MRI)	Ankur Shah
10.20 to 10.30	Treatment Selection for Cartilage Repair	Henning Madry
10.30 to 10.45	Tea Break	
10.45 to 11.45	Panel Case Discussion- 60 min	S Tapasvi/ D Goyal
Session 3: Chondrocytes, Autologous Cells and Stem Cells in Cartilage Repair		
11.45 to 12.00	Role of Cultured Chondrocyte in Cartilage Repair	Mats Brittberg
12.00 to 12.10	Chondrocyte Proliferation and Differentiation in Lab	Nakamura Norimasa
12.10 to 12.20	Role of Autologous Cells in Cartilage Repair after Microfracture	B H Min
12.20 to 12.30	Stem Cells Application in Cartilage Repair	James Hui
12.30 to 12.40	Use of Cutting Edge Technology for Cartilage Repair	Mitsuo Ochi
12.40 to 13.00	Panel Discussion and Q&A session	
13.00 to 14.00	Lunch	
Session 4: Biomaterials		
14.00 to 14.10	Role of Scaffolds in Cartilage Repair	B H Min
14.10 to 14.20	Scaffold Based Full Thickness Cartilage Repair with Bone Marrow Cell Concentrate- Time for a Paradigm Shift?	Vijay Shetty
Session 5: Free Papers		
14.25 to 15.25		Raju Vaishya
15.25 to 15.40	Tea Break	
Session 6: Assessment of Cartilage Repair		
15.40 to 15.55	Imaging Tools for Assessing Cartilage Repair Status	Anupama Patil
15.55 to 16.10	Histo-pathological Assessment of Cartilage Repair following various methods	Anjali Goyal
16.10 to 16.30	Case Discussion (Cartilage Repair)- 20 min	Nicholas Antao
Session 7: Non Surgical Options/ Pharmacotherapy for OA knee		
16.30 to 16.45	Non Invasive Management of OA knee	Klaus Flechsenhar
16.45 to 17.00	Visco-supplementation after Arthroscopy: Its role in Cartilage healing	Kiran Acharya
17.30 to 18.30	GBM of Indian Cartilage Society	

Day 3: Fisherman's Cove, 10th November' 2013		
Session 8: Management of Regional Cartilage Lesions		
09.00 to 09.10	Management of Cartilage Lesions of Tibia Plateau	Nagraj Shetty
09.10 to 09.20	Management of Cartilage Lesions of Patella	Sachin Tapasvi
09.20 to 09.30	Management of Cartilage Lesions of Talus	Nicholas Antao
09.30 to 09.40	Management of Osteochondral Fractures of Knee	Norimasa Nakamura
09.40 to 09.50	Management of OCD lesions of Knee	Mitsuo Ochi
09.50 to 10.00	Benign Neglect of Cartilage lesion	Nicholas Antao
10.00 to 10.30	Case Presentation and Panel Discussion	
10.30 to 10.50	Future of ACRS and ICS	
10.50 to 11.00	Tea Break	
Session 9: Miscellaneous		
11.00 to 11.10	Failed Cartilage Repair and Subsequent Challenge	Mats Brittberg
11.10 to 11.20	Cartilage Injury in Various Sports, its Graveness and Diagnosis	Sachin Tapasvi
11.20 to 11.30	Q and A Session	
Session 10: Rehabilitation		
11.30 to 11.40	Principles and Challenges of Cartilage Rehabilitation after Cartilage Surgery	David Rajan
11.40 to 11.50	Optimizing Return to Sport after Cartilage Repair	
11.50 to 12.00	Q and A Session	
Session 11: Evidence Based Status of Various Cartilage Repair Techniques		
12.00 to 12.10	Evidenced Based Status of Microfracture Techniques	James Hui
12.10 to 12.20	Evidenced Based Status of Scaffold Based ACI	Deepak Goyal
12.20 to 12.30	To be declared	
13.00 to 13.15	Closing Ceremony	

